

# **A Special Note To My Premie Dad**

*On Father's Day*

*Dear Dad,*

***Happy Father's Day!*** On your first Father's Day, I thought long and hard about what to give you on this very special day. I know I am still in the NICU and I know that is really hard for you.

***But you are my father, and you matter more than you know.*** I recognize your voice and it makes a huge difference when you are near. Know that your presence does matter and you have a huge impact on my getting better and on my ability to connect socially now and in the long run. Thank you for visiting me as much as you do and for also helping to take care the rest of life while I work hard at growing stronger.

***Please take some time to yourself today.  
Even superheroes like YOU deserve a break.***

## ***I love you, Dad.***

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