

# Financial Resources

*A Resource for Premie Parents*

Having a premature baby can be a huge stressor in terms of wellbeing but also with finances. There are resources available in the United States that can help. Contact the NICU Social Worker about the below items. **TIP:** If you get denied you have the right to appeal a decision. If you call the agency directly, always be polite but be clear that you have rights to assistance. *Persistence is key. So is record-keeping.* Use the below “call log” to keep notes.

**Medicaid:** State medical insurance assistance for families without health insurance and based on poverty level. *However, in the case of premature birth there is a chance your child could be covered even if your income is higher than the limits.* <http://www.cms.hhs.gov/home/medicaid.asp> Eligibility and services can vary by state.

Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Date Called & Details: \_\_\_\_\_

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\_\_\_\_\_

**Social Security Income (SSI):** This is part of the social security system and can pay out some extra money to help with expenses of a disabled child. There are requirements for this and more information can be found at: [www.ssa.gov/pubs/10026.html#ssi-benefits](http://www.ssa.gov/pubs/10026.html#ssi-benefits)

Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Date Called & Details: \_\_\_\_\_

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**Special Supplemental Nutrition Program for Women Infants Children (WIC):** This federal program provides states with grants to aid pregnant and post-partum women and infants and children up to age 5 deemed at nutritional risk. These grants go toward supplemental foods, health care referrals, and nutrition education. There are a variety of factors to getting WIC. See more at: <http://www.fns.usda.gov/wic/wic-eligibility-requirements>

Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Date Called & Details: \_\_\_\_\_

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**Medicaid Waivers:** These waivers allow Medicaid coverage in certain circumstance that “waives” specific rules in order to provide coverage, most importantly, income level. A great resource that breaks this down in describing the program, state by state coverage and more: [www.kidswaivers.org](http://www.kidswaivers.org)

Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Date Called & Details: \_\_\_\_\_

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*A portion of this text is excerpted is from*  
**The Premie Parent’s Guide to Survival in the NICU**  
at [www.PremieWorld.com](http://www.PremieWorld.com)

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