



Preemie Family

Preemie Life

Andrew Michael Blake Mueller



Photo Credit: Melody Mueller

Gest. Age:
23 weeks, 0 days

Weight:
1 lb. 6.5 oz.

Time In NICU:
126 Days

Proudest Moment (NICU):
When Daddy fed him his second bottle ever and he drank it all down.

Coming Soon: Check www.PreemieWorld.com to see how Andrew is doing now.

Parent Tip:

Do not hesitate to ask questions about anything that you do not understand.

Advocate: PTSD Awareness Day

PTSD occurs on the battlefield and in any other traumatic situation. Preemie parents are not immune and often do not realize how much the NICU has scarred them. **June 27, 2014** is **Post Traumatic Stress Disorder Awareness Day**. Check out a special post from our friends at **Hand to Hold** on their **Preemie Babies 101** blog at <http://bit.ly/PTSDPreemie>

To Do List



CONGRATS: Mary Piersanti won our Kozie Clothes G-Tube Accessories contest and Ashley Enriquez won our little man DVD.



LIKED US YET?: PreemieWorld is doing another PreemieWorld Facebook page contest. See page 2 of this newsletter for details!



Download PreemieWorld's **FREE** tools <http://bit.ly/PreemieFreebies> to use and to pass onto others.



MARK YOUR CALENDAR!

Holy Cross Support Group
Preemies Today
June 9, 2014
Silver Spring, MD
www.PreemiesToday.org

Golfing for Graham's Foundation
Graham's Foundation
June 19th, 2014
NYC
www.grahamsfoundation.org

Have an event you want to share with our community? Contact us at:
connect@preemie-world.com

*Tools and Resources
for the Preemie Community*

Preemie Freebie: Preemie Father's Day Note

PreemieWorld provides a number of free handouts to be used in the **NICU and beyond** in its "Freebies For You" section of the website. **This month's freebie is a special note, "Preemie Father's Day Note."** "Preemie Dads have a hard time and are often unrecognized in the NICU," comments Deb Discenza, co-Founder of PreemieWorld, LLC. "So we

thought a note to the father from the baby would be an ideal way to help celebrate the day in a very special way." Parents and professionals alike will appreciate this freebie in that it is easy to print and reproduce. **Download it here now:** <http://bit.ly/PreemieDadsDay> and **check out more like this here:** <http://bit.ly/PreemieFreebies>

Term: Central Line

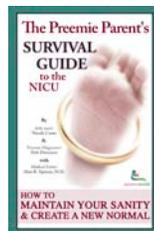
Central Line

Similar to a Broviac, a central line winds its way from the vein to end up in the right atrium of the heart. These lines are life-saving to the patient and often allow a preemie to leave the hospital and receive much needed medication, fluids, and/or TPN in the comfort of his/her home.

Nicole's Take: After Nicholas came home we simply could not keep weight on him. He went



into severe failure to thrive. It was only after we took the extreme measure of putting in a central line that Nicholas really began to get better. He not only began to sit up, he started to crawl, soon walked and – well, thrived! Never had the need for good nutrition become so clear to me. But this too gave us a rollercoaster. While it was the miracle cure Nicholas needed, he also developed blood clots, had to go on blood thinners, and had far too many blood infections than we would have ever liked to imagine. Such is the nature of medicine!



This excerpt is from
The Preemie Parent's Guide to Survival in the NICU on sale at www.PreemieWorld.com
 We do bulk orders for hospitals
connect@preemieworld.com

Support:

First Touch at St. George's

first touch

Year Established: 1998

Web: www.first-touch.org.uk

Background: The charity was set up by two bereaved mothers and two neonatal nurses to equip rooms on the unit for parents to stay in overnight if their baby was poorly, had had surgery, was receiving end of life care or "to room-in" prior to discharge.

Programs: The organization has expanded extensively to include purchasing medical equipment for the neonatal unit, funding specialist nurse training, funding a neonatal stimulation training programme for nurses to work with families on the neonatal unit, facilitating bereavement support which includes funding the annual memorial services and memory boxes for all families.

PreemieWorld: "Like" Us On Facebook & You Could Win!



Visit PreemieWorld's FB page at:
<http://bit.ly/FBPreemie>

"Like" our FB page from 5/27/14 to 6/26/14 and you could win a copy of the award-winning *little man* DVD from PreemieWorld!

<http://bit.ly/FBPreemie>

Parents & Professionals:
 Subscribe to our FREE newsletters today @ www.PreemieWorld.com

**The Details:**

By:
Senso-Care

Website:
www.senso-cover.com



Incubator Covers

The Genius:

A set of innovative incubator covers have hit the market thanks to the Netherlands-based company, Senso-Care.

With these covers they have thought of everything: they are capable of keeping out up to 99.5% of light, are fire retardant, have breathing fabric in a variety of colors and have flaps throughout for accessibility for specific procedures (including a top flap for phototherapy or a webcam). They are also easily washable at high temperatures and may be personalized.

NICUs looking to provide solid womb-like comfort to their babies should be ordering these covers by the dozen.

After the NICU: Father's Day

Father's Day after the NICU stay can often be full of highs and lows when you have had a preemie. Maybe you are still on lockdown or you are just coming out of lockdown. Here are some tips for celebrating Father's Day after the NICU . . . "Premie Style."

- Get on a blanket on the floor and have some "play wrestling" time.
- Snuggle up with some special Kangaroo Care time after a feeding and before sleep time.
- Read a book together, cuddled close.
- If its appropriate weather, consider a stroller walk.
- Pics, pics and more pics!

Premie Support Online

On the Premie Support Forum on INSPIRE:

Want to connect with *almost 19,000 other parents of preemies online?* Check out the www.Inspire.com **Premie Support forum**. It is the largest and most active forum online and *moderated by PremieWorld's own Deb Discenza*. The "rooms" range from "In the NICU" to "Going Home and Family" to "Growing Up and Education" along with more in-depth areas such as "Preemies with CP," "Preemies with Feeding Issues," and "Premie Tips." Check out some of our more recent topics:

"Hernia in Premie"

"Insurance Claims RSV Synagis Shot is treatment instead of preventative"

On PremieWorld's Twitter Page:

"DATA: Child Health USA 2013 on Preterm Birth - <http://ow.ly/wLukJ> "

On PremieWorld's Facebook Page:

"We love this blog post from Papas of Preemies on 'Hands On' Parenting - <http://ow.ly/wB2tk> "

On PremieWorld's LinkedIN Group:

"Researchers Find Genetic Risk Factor for Premature Birth - <http://ow.ly/wLuNI> "

Just added a free baby sign language e-poster for the sign for 'milk'! Be sure to sign up for our free newsletter today! <http://ow.ly/wFnyp> "

Get "Social" With Us!



www.PremieWorld.com
www.LittleMantheMovie.com



@PremieWorld



- PremieWorld
- Premie Parent's Survival Guide to the NICU



PremieWorld



Check out other LinkedIN groups we moderate:

- NICU Professionals
- Early Intervention Professionals
- Premie Parent Support Group Leaders
- Premie Parents

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Q&A: Ideas for Father's Day in the NICU

Dads often feel ignored in the NICU environment so Father's Day is an important way to remind Dad he is special. Here are some tips for family and friends from PremieWorld's Deb Discenza.

- No BBQ's allowed in the NICU, huh? ☺ Why not bring in some tasty barbecue items for a special "picnic" in the family or waiting areas?
- Remind Dad just how much his baby responds to him and that he is crucial to development.
- Have family and friends write inspirational notes to Dad to be opened in the NICU.
- Provide Dad with his first baby gift: our PremieWorld letter that is just for Dads on Father's Day in our "Premie Freebie" section on Page 1 of this newsletter.
- Have the NICU team members sign a card to give to Dad on Father's Day with little notes of praise.
- After all of the fun and fuss, give Dad some "alone" time with his baby. Play some soft music and leave him be. This is a special day that more than anything else needs some special Daddy/Baby time.

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