



Preemie Family

Preemie Life

Cooper Lee Pella & Cohen Lou Pella



Cooper & Cohen
Photo Credit: Pella Family

Gestational Age at Birth:
23 weeks and 4 days

Weight:
Cooper: 14.8 ounces
Cohen: 15.4 ounces

Time In NICU:
Cohen passed away on the day of his birth
Cooper stayed 134 days

Proudest Moment (NICU):
When Cooper underwent laser eye surgery for his ROP, he came out of the surgery room without the support of the ventilator.

Coming Soon: Check www.PreemieWorld.com to read how Cooper is doing now.

Parent Tip:

Ask for help . . . give friends and family specific ideas of what they can do to help (mow the lawn, watch siblings, etc.)

Advocate: Pregnancy & Infant Loss Month

We as a community mourn alongside our fellow preemie parents who have lost a baby in pregnancy, at birth, in the NICU and beyond. October is **Pregnancy & Infant Loss Month** with **October 15th** as a specific day. With that consider donations to **Zoe Rose Memorial Foundation**, **Skyler's Gift Foundation**, **Now I lay Me Down to Sleep**, and **Still Standing Magazine**.

FREE: Preemie Angel Parent Logo

PreemieWorld provides a number of free handouts to be used in the **NICU and beyond** in its "Freebies For You" section of the website.

This month's freebie is another preemie symbol:

Preemie Angel Parent. "October is the month for **Pregnancy and Infant Loss Awareness** and we recognize that many angels were born prematurely,"

notes PreemieWorld's **Deb Discenza**. "My hope is that this symbol will show support for the many families affected by premature birth whose baby passed away in the NICU or at home."

Download it here: <http://preemie.us/PreemieAngel>

To Do List



CONGRATS: Connected Forever won the Owlet Monitor giveaway and Jenessa Renteria-Green won a copy of the *little man* DVD.



LIKED US YET?: PreemieWorld is doing another PreemieWorld Facebook page contest. See page 2 of this newsletter for details!



Download PreemieWorld's **FREE** tools <http://bit.ly/PreemieFreebies> to use and to pass onto others.



MARK YOUR CALENDAR!

Pregnancy & Infant Loss Awareness Day
October 15, 2015
Worldwide
www.October15th.com

Preemie Parent Alliance Summit
Preemie Parent Alliance
October 19-21, 2015
Dallas, TX
www.PreemieParentAlliance.org

Have an event you want to share with our community? Contact us at:
connect@preemieworld.com

*Tools and Resources
for the Preemie Community*

Term: Respiratory Syncytial Virus (RSV)

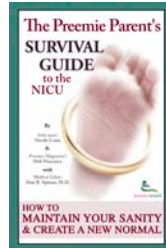
Respiratory Syncytial Virus

(RSV): An illness initially resembling a modest cold in adults. It can be dangerous for newborns – and even worse for preemies – since it is highly contagious and complications from the virus can develop into a major respiratory infection. Many premature infants with Chronic Lung Disease will be eligible for Synagis injections on an annual basis during cold and flu season.



Questions to Ask the Doctor:

- What is being done by the team to protect my baby from RSV in the NICU?
- What should I do to protect my baby in the NICU?
- What should I do to protect my baby at home?
- What medications are available to help?



This excerpt is from
The Preemie Parent's Guide to Survival in
the NICU on sale at www.PreemieWorld.com
We do bulk orders for hospitals
connect@preemieworld.com

Support: Connected Forever

Founded by Jesse & Tracy Pella,
Connected Forever honors their sons
Cooper and Angel Cohen born at 23
weeks and 4 days on June 1, 2011.

Established: 2014

Outreach: Local Nebraska Area

Web: www.connected4ever.org

Focus: Premature babies of all gestations and infant loss. Connected Forever was established so that no family has to endure a similar journey alone.

Programs: Currently providing resources, connecting personally and providing education to staff members as they work on core programs.



PreemieWorld: "Like" Us On Facebook & You Could Win!



Visit PreemieWorld's FB page at:
<http://bit.ly/FBPreemie>

"Like" our FB page
from 9/29/15 to 10/22/15 and you
could win a copy of the award-
winning *little man* DVD from
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Parents & Professionals:
Subscribe to our FREE newsletters
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**The Details:**

By:
Tags 4 Tots

Available at:
www.etsy.com
Search for: Johanna Ackerman

Cost:
\$6.99 USD

**"I am a Premie!" Tag**

Its RSV season and the entire planet would like to touch, kiss, hold, and basically slobber all over your preemie. You are trying to be respectful of family and close friends and even that well-meaning grandmother-type at the store. But apparently no one got the memo that preemies, even ones out of the NICU have low immune systems that need tender care. Short of having your NICU on speed-dial for backup, this is where the "I am a Premie!" tag talks for your baby and for you. The laminated tag is friendly, colorful and comes with a clip for easy connection to car seats and more.

We're giving away this tag! Follow us on Twitter by 10/22/15 to enter: <http://bit.ly/PremieTweets>

**After the NICU:
RSV & Synagis Preparation**

Parents are often behind the eight ball when getting ready for Respiratory Syncytial Virus season. Here are some quick reminders:

- Talk to the doctor ***now*** about precautions needed this season.
- Call/Meet with the pediatrician or specialist's office now to work on a pre-approval of Synagis from insurance so as to not miss doses due to "red tape."
- Prepare family and friends now regarding visitation and more.
- Get those doctors appointments for the family done now to avoid unnecessary outings.
- Look at ways to get through isolation: books, videos, Skype chats with others, etc.....

Premie Support Online**On the Premie Support Forum on INSPIRE:**

Connect with ***over 23,000*** parents of preemies online for free at www.Inspire.com/preemie for the ***Premie Support forum***. It is the largest and most active forum online, ***moderated by PremieWorld's own Deb Discenza***.

Waiting for 2nd NEC Surgery - *In the NICU/PICU*

Removal of G-Tube? - (*Preemies with Feeding Issues*)

Some Bad News Today (Sort Of) - *Premie Hope*

Quitting Job or Taking More Time Off - *Premie Angels*

Baptism with Premie - *Open Discussion*

On PremieWorld's Twitter Page:

RESEARCH: Possible Treatment for Preeclampsia

On PremieWorld's Facebook Page:

Cool Premie Blog: Life Hiccups

On PremieWorld's LinkedIN Group:

STUDY: Preemies Are Less "Wealthy" as Adults, Lack Greater Mathematical Abilities

STUDY: Premature Infants are Healthier and Surviving Longer than They Were 20 Years Ago

RESEARCH: Rare Gene Variants Help Explain Premies' Lung Disease

Get "Social" With Us!



www.PremieWorld.com
www.LittleMantheMovie.com



@PremieWorld



- PremieWorld
- Premie Parent's Survival Guide to the NICU



PremieWorld



Check out other LinkedIN groups we moderate:

- NICU Professionals
- Early Intervention Professionals
- Premie Parent Support Group Leaders
- Premie Parents

*Tools and Resources
for the Premie Community*



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Suggested Resources: When a Premie Passes Away

In honor of Pregnancy & Infant Loss Month and in memory of so many preemies born too soon and gone too soon, we stand with families in providing support and more. Below are some family resources we recommend for families and for professionals:

Share - Pregnancy & Infant Loss Support:

Share provides support for those who have lost a child (parents, siblings, grandparents, and professionals who have cared for infants in a variety of settings). Services include bedside companions, phone counseling, face-to-face support group meetings, resource packets, private online communities, memorial events, and caregiver training. www.nationalshare.org

Still Standing Magazine:

An incredible resource for parents working through the loss of a child, including a wall of remembrance, a huge set of resources and recommended books and more. www.stillstandingmagazine.com

Zoe Rose Memorial Foundation:

Created by Richard and Keira Sorrells after their triplet daughter Zoe passed away at 14 months of age, the organization provides a number of resources for families plus an annual remembrance ceremony. To have your baby remembered, contact the organization. You do not need to be present in order to have your baby remembered. www.ZoeRose.org