



Preemie Professional

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Photo Credit: Alison McDonald Field Photography

Organizations:

Early Bloomers @ STAR Center
(Sensory Therapy & Research)

Years in the Field:

28

Focus:

Specializing in Parent-Infant Relationships and Preterm Infant Development

Organizational Website:

www.spdstar.org



Professional Tip:

Your relationship with your baby is foundational to success in the NICU and at home.

Advocate: World Breastfeeding Week

Breast milk is true medicine for preemies. We applaud not only those who succeed in breastfeeding but also in pumping and also in just trying. Preemie Moms *know* how hard it is to breastfeed a premature infant. And so we celebrate all of them as we head into **World Breastfeeding Week on August 1-7, 2015**. More information here: <http://worldbreastfeedingweek.org>

Preemie Resource: Preemie Moms are Tough

PreemieWorld provides a number of free handouts to be used in the **NICU and beyond** in its "Freebies For You" section of the website.

This month's freebie is another preemie symbol:

Preemie Moms are Tough. "Just as preemies are tough, so is the Preemie Mom. She is strong even if she may not feel that way. She is powerful and she matters in

the long-term outcome of that preemie," notes PreemieWorld's Deb Discenza. "This logo is a perfect item for both family members and professionals to use on their social networks and blogs to celebrate these very special Moms."

Download it here: <http://preemie.us/PreemieMom>

To Do List



CONGRATS: [Jill Rabin](#) won the "Preemie Miracle" shirts from Tink & Key and [Alex Vitti](#) won the *little man* DVD. Congrats to our winners!



LIKED US YET?: PreemieWorld is doing another PreemieWorld Facebook page contest. See page 2 of this newsletter for details!



Download PreemieWorld's FREE tools <http://bit.ly/PreemieFreebies> and pass them onto NICU Parents as part of your welcome packet.

MARK YOUR CALENDAR!



Advances in Neonatal & Pediatric Nutrition 2015
AAP Section on Perinatal Pediatrics
August 3-5, 2015
San Francisco, CA
<https://cme.ucsd.edu/pednutrition/>

NICU Graduates & Their Transition Home
CIAO Seminars
August 28, 2015
Neptune, NJ
www.CIAOSeminars.com

Have an event you want to share with our community? Contact us: contact@preemieworld.com

*Tools and Resources
for the Preemie Community*

Support: Ella Bullis Foundation Org: Sensory Processing Disorder Foundation

After losing his 27-weeker daughter Ella to NEC at 18 days old, Ron Bullis has made it his mission to create a legacy for his daughter in the form of helping others in need.

Established: January 2, 2009

Outreach: W. Michigan/Nationally

Web: www.ellabullis.org

FB: www.facebook.com/ellabullis

Focus: Provide support and resources to families that have been impacted by premature birth or infant loss. Assist with requests for items such as travel (gas cards), food (meal passes), and housing (rent/mortgage payment).

Event: A Walk to Remember – learn more at the website or Facebook page.

Preemies are at risk for a variety of behavioral disorders post-NICU, including Sensory Processing Disorder (SPD). Started by Dr. Lucy Jane Miller as the STAR Center in 1979 to help promote research for SPD, it was then housed with the Sensory Processing Disorder Foundation. Together they have made a huge difference for families worldwide.

Web: <http://spdfoundation.net>
<http://spdstar/org>

Established: 1979

Focus: Improve the lives of children and adults with SPD and their families through research, education, and increased global awareness. The vision is a future in which every child with SPD is identified and treated by age 6.

Programs:

- The SPD Foundation's Research Program into causes, diagnosis and treatment of SPD.
- The SPD Foundation's education and workshops for professionals via online, mentorships, GOAL Workshops, Feeding Workshops and an International Symposium.
- The SPD Foundation's Resources in the form of a library, Parent Connections, and the SPD Treatment Directory of Providers in a variety of health specialties.

PreemieWorld: "Like" Us On Facebook & You Could Win!

Visit PreemieWorld's FB page at:
<http://bit.ly/FBPreemie>

"Like" our FB page from 7/28/15 to 8/26/15 and you could win a copy of the award-winning *little man* DVD from PreemieWorld!

<http://bit.ly/FBPreemie>

Parents & Professionals:
Subscribe to our FREE newsletters today @ www.PreemieWorld.com



The Details:

By:
Marie Delanote

Available at:
www.Amazon.com



Book: Healing of the 1 lb. Baby

There is no shortage of Premie Mom memoirs on the market but this one has a unique flavor combined with honesty in a new way. As the mother to Elouisa, a 1-pound baby born to author Marie Delanote, there is a strong spiritual note in the realm of chakras and visual healing methods. The story is compelling and takes the premie experience to a new level. Professionals will also find of interest the insight into the experience of the Premie Mom at bedside as she copes with feelings of guilt and sadness due to the early birth.

We are picking one new PremieWorld Twitter follower to receive a copy of this book. Not following us yet? Follow us by 8/26/15: <http://bit.ly/PremieTweets>

After the NICU: Sensory Issues

Home from the NICU and the baby is hard to soothe, to sleep? Having feeding issues? Developmental delays? It could be Sensory Processing Disorder.

- It is a real disorder and affects many preemies.
- Talk to your pediatrician and request referral to an **Occupational Therapist (OT)** for help. Warning: not all Pediatricians may “get “ this.
- Make sure the OT is certified in evaluating, diagnosing and treating **Sensory Processing Disorder**.
- Learn more from our friends at the **Sensory Processing Disorder Foundation** at: <http://spdfoundation.net>



Premie Professional Online

NICU Professionals Group: (www.Linkedin.com)

STUDY: Distinct Naming Convention for babies in NICU can reduce wrong-patient errors by almost 40%

COOL: NICU Simulation Lab Sees Continuous Improvement

Early Intervention Professionals Group: (www.Linkedin.com)

NEW: Course Available to Neonatal Therapists

What is Orofacial Myofunctional Therapy?

The Importance of a Relational Focus in Feeding Therapy

Premie World (www.Twitter.com):

PREEMIE UPDATE: See how July Premie of the Month Charlotte is doing now

STUDY: 5 Things Your Baby Should Avoid in the NICU

BE THE SMART PRO: Tell Your Families about the “Premie Network” on Inspire.com:

Deb Discenza of PremieWorld moderates this FREE global network of *almost 23,000* parents from NICU to home to school. www.inspire.com/preemie

Check out these groups and more by referring to the “Get ‘Social’ With Us” on page 4 for more information. Have news or research to share with us? connect@preemieworld.com

Get "Social" With Us!



www.PreemieWorld.com
www.LittleMantheMovie.com



@ PreemieWorld



1. PreemieWorld
2. Preemie Parent's Survival Guide to the NICU



PreemieWorld



Check out other LinkedIN groups we moderate:

1. NICU Professionals
2. Early Intervention Professionals
3. Preemie Parent Support Group Leaders
4. Preemie Parents
5. Little Man the Movie

*Tools and Resources
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Tip: Preemie Moms Are Tough (Part V)

They say hindsight is 20/20 and that is so true. Deb Discenza, Publisher at PreemieWorld, in this fifth installment, gives insight into what she believes Preemie Parents in the NICU right now should know for sure about preemie resiliency:

As your baby goes through a rollercoaster of health matters in the NICU, know that it is normal for parents go through their own rollercoaster of emotions and physical stress symptoms. This is the same for the parent of a 23-weeker as it is of a 36-weeker. Know that you are stronger than you realize. It may seem like everything is imploding in your life as you trudge back and forth from the NICU to home and vice versa. Work stress, family stress, chaotic

weather, the car breaking down and more can make you feel beaten down. But try to think of this as less chaos and more in building your Preemie Parent muscles. Know that you are like an elite athlete of life and care giving. And yes, even top athletes break down and fall apart in troubled times. The difference is that they get back up and try again. You can, too.

Download our **Preemie Moms are Tough** logo and share it on your blog and social networks:

<http://preemie.us/PreemieMom>

#preemietough